

# Zika Virus Preventive Measures

## What is it?

Zika virus disease (Zika) is a disease caused by Zika virus that is spread to people primarily through the bite of an infected *Aedes* species mosquito. Common symptoms: fever, rash joint pain, and red eyes.

## Eliminate Breeding Areas

- Clean and scrub outdoor water sources (dog bowls, bird baths)
- Kill hatched mosquitoes
- Remove junk reservoirs like old tires and paint cans
- Fix broken/faulty septic tanks

## Protect Yourself

- Use insect repellent on clothes and exposed skin
- Use insecticide spray on leaf piles and bushes
- Fix broken screens and windows

For more information, please  
visit [www.cdc.gov/zika/](http://www.cdc.gov/zika/)